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# The Practical Caregiver's Guide To Home Hospice Care



## Synopsis

Are you a caregiver for someone who needs home hospice, unsure of what your job is for your loved one at the end of life? The Practical Caregiver's Guide to Home Hospice Care will help you understand not only how to take care of your loved one, but also yourself. Make the care you provide fit the real needs of the person needing help.

## Book Information

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## Customer Reviews

In the spirit of full-disclosure, I am a hospice patient (my wife is my primary caregiver) and I downloaded this book and some other materials early on trying to get a feel for how hospice in the home works. I thought that some of the information presented in the book was rather obvious but, overall, the author has provided a free resource summarizing what to her are the key issues in acting as the caregiver in home-based hospice. Obviously, each subject could be explored in much greater depth. I would have liked to have seen some focus provided also on the caregiver's needs. The hospice patient \*does\* face many challenges as the body and mind start to yield to the

underlying terminal condition but the caregiver is there at every step of the way, often going through an extended grieving process while at the same time having to remain strong to address the needs of the patient. The caregiver's needs are very real as well and that really should be stressed. In the further spirit of full disclosure, despite my diagnosis I rather expect to be around for awhile.

This book is so helpful and such an important read! And I state this because I have two friends who have Home Hospice Care come to their homes to help them with very ill patients (husbands). This clearly written book focuses on what is needed to make this very difficult job more do-able. What I especially like is that it has a section on the HOME HOSPICE COMMAND CENTER and also PHYSICAL RECORDS KEEPING. How to keep the patient records in ONE CENTRAL LOCATION and keeping track of past medical records, new developments and more. It is stressed that also keeping records electronically (on the internet) via an app (Android or iOs stores). Also, I found that there are some excellent APPS in the Playstore, one I recommend is FREE and called Patient Records Doctor ON GO-T (it may also be in apps, I am not sure). With this free program app, you can keep records and email them to the Doctor or other health care provider. Highly recommend this book!

Had this been submitted by one of my students, I would have written: "Good start -- you have a solid foundation for your book here! You make a number of important points, but your ideas lack detail and development, which often leaves the reader wanting more information. I'd also suggest adding examples to better illustrate your points. With further development and revision, you'll have a much stronger text." I was actually really interested as I read and was looking forward to more detailed information, and then suddenly . . . it just ended. She seems to have a lot of knowledge on this topic, so I wish she would have put a bit more effort in before publishing.

I read the book as research not because I was going through the loss of a loved one so I can't say that I was able to put any of these tips into practice. I did find the book to be very straight forward in what to expect when a loved one is diagnosed with a terminal illness. The author clearly lays out what to expect, what kind of decisions need to be made, and how to go about making those decisions while not taking the loved one's dignity and power away from them. The reader is reminded that the loved one is the one who is dying and should be part of the decision-making process as long as possible. The reader is also given very practical steps for how to work with hospice care providers and the importance of taking care of legal documents early on such as

medical power of attorney as well as a will and a financial power of attorney. Practical strategies for record-keeping and setting up a communication center are also included. It certainly is not easy to go through such a situation, but having these tips to help get organized would definitely take some of the confusion out of the process.

Hospice is a difficult thing. It's difficult for the person who is ailing and the caregiver as well. This little book is a godsend for the caregiver of a loved one on Hospice Care. Priority should be with the comfort-care of your ailing loved one. This book helps you make that a reality. It shows how to organize everything else so you aren't consumed with busy-work instead of enjoying the company and pleasure of making your loved one comfortable and happy. Sara makes the purpose of hospice care and the purpose of the hospice caregiver perfectly clear. By Organizing and Scheduling, she shows how to make the most of your time throughout the busy days ahead. The better organized you are, the more free time you'll have available to spend with your ailing loved one. This means less frustration for all. I would be happy to share this informative book with anyone I know who is about to become a hospice caregiver for a family member or other loved one.

Very good tips, could have used more insights on how to manage when there is no one else to help the caregiver. Hospice teams are only there an hour or so most days. The rest is on the caregivers shoulders.

I've just finished this short book after having just entered into a hospice situation with my mother. As someone who is new to the whole idea, this book is concise, to-the-point, and clearly written so anyone should be able to understand. It reinforces what I've been told so far from a few of the hospice team members I've met. And I like, too, the pointers it gives about what the caregiver can do for himself/herself.

This little book is full of the most basic information for caregivers with family members who at at end of life stage. Easy to understand and refer to when and if I will ever need the information, I used some points to remind myself on self care post surgery.

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